

2019 MID PENN PLUNGE @ NORTHERN HIGH SCHOOL ENTRY FORM

~ Friday & Saturday, February 15th & 16th, 2019 ~

Instructions

1. Please note the Plunge is now a **TWO-DAY** meet, with sessions starting at 5:30 PM Friday evening and 10:00 AM on Saturday morning.
2. Please see the separate Plunge Meet Invitation document for more details regarding the meet.
3. The preferred format for entries is a Team Manager Meet Entry Export file email attachment. Please see the separate Meet Invitation for details on how to submit your entries via Team Manager. **If you do not have Team Manager or are not able to use that format, please submit, via email, this completed Plunge Entry Form.** It should be sent as an attachment to Jim Buck at jamesbuck@verizon.net. Before sending, please save the “file as” and add the name of your team (i.e. Plunge Entry Form - Trinity) to the file name. Also, please include “MP Plunge” and your school name in the email subject area, for example “MP Plunge – Big Spring”.
4. If possible, please also provide your ROSTER via a Team Manager Athlete/Roster Export file or an MS Word Document attachment to Jim Buck at jamesbuck@verizon.net
5. Please direct any entry questions to Jim Buck at jamesbuck@verizon.net or 717-215-8512.
6. **By 9:00 PM, Sunday, February 3rd** – Non-Team Manager (MS Word entry form) entries are due to Jim.
7. **By 9:00 PM, Thursday, February 7th** – Team Manager Export Entry File attachments are due to Jim.
8. **By 12:00 noon, Monday, February 11th** – scratches of swimmers who swam at the Mid Penn Championships are due. Please send an email to Jim at jamesbuck@verizon.net stating which swimmer needs to be scratched from which Mid Penn Plunge events.
9. **Please send your entries via email to jamesbuck@verizon.net and include “MP Plunge” and your School Name in the subject area of the email, for example “MP Plunge – Trinity”.**
10. There is an entry fee of \$6 per swimmer per individual event and \$12 per relay team, with a maximum entry fee per high school of \$350.00.
11. Please bring your entry fee check to the meet. If that is not possible, entry fees are due by FRIDAY, FEBRUARY 22nd. Checks should be made payable to “NHS Swimming Boosters” and, if necessary, mailed to: **Bob Secord, 321 West Siddonsburg Road, Dillsburg, PA 17019.**

If you do **NOT** have Team Manager software....

Please complete this information:

HIGH SCHOOL NAME:

Non-Swim School

Swim School

Contact Name:

Contact email address:

Contact Cell Phone:

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(See the following pages for Individual and Relay entry forms)

SCHOOL: Please type your School Name here =>

←===== **INDIVIDUAL** EVENT ENTRY TIME =====>

<u>Swimmer</u> First & Last Name	<u>Boy</u> or <u>Girl?</u>	School Grade	200 FREE (Friday)	200 IM (Friday)	50 FREE (Friday)	100 FLY (Saturday)	100 FREE (Saturday)	500 FREE (Saturday)	100 BACK (Saturday)	100 BREAST (Saturday)

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RELAY EVENT ENTRY FORM

SCHOOL: Please type your School Name here =>

Relay Event (i.e. 200 Medley)	Event #	Relay Entry Letter (A, B, C...)	Entry Time	Relay Swimmer Name 1 (Grade)	Relay Swimmer Name 2 (Grade)	Relay Swimmer Name 3 (Grade)	Relay Swimmer Name 4 (Grade)	Relay Swimmer Name 5 (Grade)	Relay Swimmer Name 6 (Grade)	Relay Swimmer Name 7 (Grade)	Relay Swimmer Name 8 (Grade)
Example: Girls 200 Free Relay	21	A	2:14.75	Michelle Fast (12)	Jenna Ewing (10)	Marie Smith (9)	Margaret Thatcher (11)	Susie Black (10)	Courtney Ramsey (9)	Molly Pitcher (11)	Rebecca Quick (12)